

What's the Best Stair Safety Option for Your Situation?

If you're here, chances are you're concerned about someone's safety on the stairs—or maybe it's your own. You're wondering if handrails are enough... or if it's time to think about bigger changes like a stairlift or even one

And let me say this up front: you're not alone—and you're not overreacting.

Stairs can be one of the most dangerous parts of the home as we get older. But the good news is: there are practical, compassionate solutions that don't have to feel overwhelming—or take away someone's ind

Let's walk through the options so you can figure out what works best for your situation, your home, and your bu

Start Here: A Quick Look at Your Choices

Handrails (1 or 2):

Great For: Most older adults with some balance

Cost Estimate: \$30-\$150+

What's Good: Inexpensive, easy to install

What to Consider: Not enough for major mobility issues

Non-slip stair treads:

Great For: Anyone concerned about slipping

Cost Estimate: \$20-\$100

What's Good: Affordable, fast fix

What to Consider: Needs periodic replacement

Lighting upgrades:

Great For: Poor vision or dim stairwells

Cost Estimate: \$50-\$300

What's Good: Boosts visibility

What to Consider: May require an electrician

Grab bars:

Great For: Stability at top/bottom steps

Cost Estimate: \$30-\$80 each

What's Good: Adds support

What to Consider: Limited location use

Stairlifts:

Great For: Severe joint pain or fall risk

Cost Estimate: \$2,500-\$10,000+

What's Good: Access all floors

What to Consider: Expensive install

Home elevators:

Great For: Wheelchair users

Cost Estimate: \$25,000-\$60,000+

What's Good: Ultimate independence

What to Consider: High cost, remodel needed

One-level living:

Great For: Severe mobility issues

Cost Estimate: Varies

What's Good: Avoids stairs entirely

What to Consider: May involve moving