

Alzheimer's Books For Caregivers (and Movies Too)

List of Books

1. The 36 Hour Day: A Family Guide to Caring for People Who Have Alzheimer's Disease, Related Dementias, and Memory Loss

by Nancy L. Mace, MA and Peter V. Rabins, MD, MPH

2. Dancing with Rose: Finding Life in the Land of Alzheimer's

by Lauren Kessler

3. The Problem of Alzheimer's: How Science, Culture, and Politics Turned a Rare Disease into a Crisis and What We Can Do About It

by Jason Karlawish

4. The Alzheimer's Disease Caregiver's Handbook: What To Remember When They Forget

by Dr. Sally Willard Burbank and Sue Pace Bell

5. Alzheimer's: A Caregiver's Guide and Sourcebook

by Howard Gruetzner

6. Alzheimer's Through the Stages: A Caregiver's Guide

by Mary Moller, MSW CAS

7. Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease

by Joanne Koenig Coste

8. When Reasoning No Longer Works: A Practical Guide for Caregivers Dealing with Dementia and Alzheimer's Care

by Angel Smits

9. A Caregiver's Journey: Self-Care for Caregivers of Loved Ones with Dementia and Alzheimer's

by Eric James Miller

- 10.** Surviving Alzheimer's: Practical Tips and Soul-Saving Wisdom for Caregivers
by Paula Spencer Scott
- 11.** Keeping Hope Alive as Memories Fade: The 5 Love Languages and the Alzheimer's Journey
by Debra Barr, MA, Edward G. Shaw, MD and Gary Chapman, PhD.
- 12.** Surviving Alzheimer's With Friends, Facebook, and a Really Big Glass of Wine: A Caregiver's Guide To Love, Humor, Patience, Confusion, Anger and Wine
by Dayna Steele with Heather Rossiello
- 13.** Creating Moments of Joy Along the Alzheimer's Journey: A Guide for Families and Caregivers
by Jolene Brackey
- 14.** Grace for the Unexpected Journey: A 60-Day Devotional for Alzheimer's and Other Dementia Caregivers
by Deborah Barr and Gary Chapman
- 15.** Mayo Clinic on Alzheimer's Disease and Other Dementias: A Guide For People With Dementia and Those Who Care for Them
by Dr. Jonathon Graff-Radford MD and Angela M. Lunde, MA
- 16.** A Caregiver's Guide to Alzheimer's Disease: 300 Tips for Making Life Easier
by Patricia R. Callone, MA, MRE, Connie Kudlacek, BS, Barbara C. Vasiloff, MA, Janaan Manternach, D Min, and Roger A. Brumback, MD
- 17.** My Two Elaines: Learning, Coping and Surviving as an Alzheimer's Caregiver
by Martin J. Schreiber with Cathy Breitenbucher
- 18.** Finding Joy In Alzheimer's: New Hope For Caregivers
by Marie Marley PhD and Daniel C. Potts, MD FAAN
- 19.** The End of Alzheimer's Program: The First Protocol to Enhance Cognition and Reverse Decline at Any Age
by Dale Bredesen, MD

- 20.** The Alzheimer's Solution: A Breakthrough Program to Prevent and Reverse the Symptoms of Cognitive Decline at Every Age
by Dean Sherzai, M.D. and Ayesha Sherzi, M.D.
- 21.** Dementia With Dignity: Living Well with Alzheimer's or Dementia Using the Dawn Method
by Judy Cornish
- 22.** It's Not That Simple: Helping Families Navigate the Alzheimer's Journey
by Pam Ostrowsky
- 23.** A Pocket Guide for the Alzheimer's Caregiver
by Daniel C. Potts MD and Ellen Woodward Potts
- 24.** Before I Forget: Love, Hope, Help, and Acceptance in Our Fight Against Alzheimer's
by B. Smith and Dan Gasby with Michael Shnayerson
- 25.** Surfing the Waves of Alzheimer's: Principles of Caregiving That Kept Me Upright
by Renee Brown Harmon, MD
- 26.** Blue, Baseball, Virginia: The Journey of an Alzheimer's Patient and Caregiver! A Journey of Humor, Help, and Hope!
by Lorrie Davis McDonald
- 27.** Chicken Soup for the Soul: Living with Alzheimer's and Other Dementias: 101 Stories of Caregiving, Coping and Compassion
by Amy Newmark and Angela Timashenka Geiger
- 28.** Understand Alzheimer's: A First-Time Caregiver's Plan to Understand and Prepare for Alzheimer's and Dementia
by Calistoga Press
- 29.** Dementia, Alzheimer's Disease Stages, Treatments, and Other Medical Considerations
by Laura Town and Karen Kassel

- 30.** Coping with Alzheimer's: A Caregiver's Emotional Survival Guide
by Rose Oliver, Ph.D and Frances A Bock, Ph.D
- 31.** Coach Broyle's Playbook for Alzheimer's Caregivers: A Practical Tips Guide
by J. Frank Broyles
- 32.** Healing Your Grieving Heart When Someone You Care About Has Alzheimer's: 100 Practical Ideas for Families, Friends and Caregivers
by Alan D. Wolfelt PhD and Kirby J. Duvall MD
- 33.** Activities to do with your Parent who has Alzheimer's Dementia
by Judith A. Levy, EdM OTR
- 34.** Alzheimer's and Dementia for Dummies
by the American Geriatrics Society and Health in Aging Foundation
- 35.** A Dignified Life: The Best Friends™ Approach to Alzheimer's Care: A Guide for Care Partners
by Virginia Bell MSW and David Troxel MPH
- 36.** What to Do Between the Tears: A Practical Guide to Dealing with a Dementia or Alzheimer's Diagnosis in the Family
by Tara Reed
- 37.** Your Name Is Hughes Hannibal Shanks: A Caregiver's Guide to Alzheimer's
by Lela Knox Shanks

Movies About Alzheimer's

- 1.** *Away From Her - Starring: Julie Christie and Gordon Pinsent*
- 2.** *The Father - Starring: Anthony Hopkins*
- 3.** *Still Alice - Starring: Julianne Moore and Alec Baldwin*
- 4.** *The Notebook - Starring: Gena Rowlands and James Garner*
- 5.** *The Savages - Starring: Laura Linney and Philip Seymour Hoffman*
- 6.** *Glen Campbell: I'll Be Me - A documentary*
- 7.** *The Genius of Marian - A documentary*
- 8.** *My Name Was Bette: The Life and Death of an Alcoholic - A documentary*
- 9.** *The Artist's Wife - Starring: Lena Olin and Bruce Dern*